## **RESOLUTION 2020 - 94**

A RESOLUTION OF THE BOARD OF COUNTY COMMISSIONERS PROCLAIMING MAY 2020 AS MENTAL HEALTH FIRST AID MONTH IN NASSAU COUNTY, FLORIDA.

WHEREAS, progress in our country in enacting the Mental Health First Aid Act of 2015 (S.711/H.R. 1877) and most recently the Helping Families in Mental Health Crisis Act 2016 (H.R. 2646), speaks volumes as to the importance and value of Mental Health First Aid to our community's wellness; and

WHEREAS, the citizens of Nassau County will increase their knowledge of signs, symptoms, and risk factors of mental illnesses and substance use disorders in both children and adults and increase their confidence and the likelihood to help an individual in distress; and

**WHEREAS**, the citizens of Nassau County can identify multiple types of professional and supportive resources for individuals with a mental illness or substance use disorder; and

WHEREAS, our community's wellness is critical to the future success and growth of our county by the implementation of the Mental Health First Aid Program which reduces the social distance created by negative attitudes and perceptions of individuals with mental illnesses and substance use disorders; and

WHEREAS, the citizens of Nassau County have a responsibility to remain persistent in the charge to maintain emotional wellness in our communities by consistently pursuing awareness, by decreasing social distance, by assisting our neighbors, and providing the best care possible for all our citizens.

## NOW, THEREFORE, BE IT RESOLVED, by the Board of County Commissioners

of Nassau County, Florida, this 11th day of May, 2020 that:

- 1. The Board hereby proclaims May 2020 as Mental Health First Aid Month in Nassau County.
- 2. The Board hereby recognizes the efforts of local providers and professionals who provide treatment services, prevention, and support in Nassau County.
- 3. The Board encourages the citizens of Nassau County to become familiar with the signs, symptoms, and risk factors associated with mental illness and substance use disorders and encourage someone in distress to seek help.

BOARD OF COUNTY COMMISSIONERS NASSAU COUNTY, FLORIDA

DANIEL B. LEEPER

Its: Chairman

ATTEST AS TO CHAIRMAN'S

SIGNATURE:

OHN A. CRAWFORD

Its: Ex-Officio Clerk

Approved as to form by the

Nassau County Attorney

MICHAELS. MULLIN